

Balmoral SHS Tuckshop Menu Term 2, 2021

"We Have A 5* Healthy Menu"



Eat Less Eat Moderately Eat Most

Hot Wraps, Nans & Curry	
Chicken & salad served in nan bread	\$5
Tandoori chicken & salad served in nan bread (new)	\$5
Haloumi & salad served in nan bread	\$5
Crispy chicken & lettuce wrap	\$3
Butter chicken & rice	\$5
Pizza, Garlic Bread, Pasta & Fried Rice	
Various pizzas - cheese, cheese & ham, and cheese with ham & pineapple	\$3
Homemade garlic bread with cheese	\$2
Pasta bolognese with cheese	\$3.50
Vegetable fried rice	\$3
Pies & Burgers	
Travellers pie - pepper beef, beef, chicken & veg (new) , potato top (new) , and quiche (new)	\$3.50
Sausage roll	\$2.50
Chicken & bacon burger with lettuce & tomato	\$5
Classic beef burger with cheese, lettuce & tomato	\$5
Haloumi & salad burger with tomato relish	\$5
Salads, Wraps, Sushi & Sandwiches	
Various sandwiches - Ham & cheese, Ham with cheese & tomato, egg, and curried egg (new)	From \$3
Chicken Caesar salad with bacon, egg & fresh baked croutons	\$5
Pesto pasta salad	\$2.50
Chicken Caesar wrap with bacon, egg & fresh baked croutons	\$4
Sushi rolls - tuna, honey chicken, teriyaki chicken, and Chicken & Avocado	\$3
Corn chip nachos with cheese & salsa	\$4
Snacks & Breakfast	
Freshly baked muffins	\$1.50
Banana bread & chocolate cake (new)	\$2
Chocolate mousse & trifle (new)	From \$2.50
Apple crumble with custard or ice cream (new)	From \$3
Cheese & rice crackers	\$2
Red or green apples	\$1
Watermelon	\$4
Bacon, egg & cheese muffin with BBQ sauce	\$3.50
Various toasties	From \$3
Drinks & Ice Cream	
Hot chocolate (new)	\$2.50
Water - 600mL & 1.5L & sparkling water	From \$1.50
Plain Milk - 500mL or 2L	\$2
Flavoured milk, assorted flavours - 300mL or 500mL	From \$2
Emma & Toms Smoothie, Karmarama & Cloudy Apple Juice - 250mL	\$3.50
Orchy Pure Juice, assorted flavours - 250mL	\$2
Vanilla ice cream tub	\$2.50
Mini Streets Calippo	\$2
Frozen yogurt - strawberry, raspberry & mango	\$1.50
Order on the QKR app for quicker delivery and additional specials	
Gluten Free Menu and Vegetarian Menu only available on QKR app	